



**NEWSLETTER** Issue 30th June 2025

#### **WORLD ENVIRONMENT WEEK**

### Saving Our Shores: One Step at a Time!



On the occasion of World Environment Day, a beach cleanup drive was organized at Mahim Beach by Muskurate Raho and Project Mumbai. Umang Volunteers actively participated in this impactful initiative, joining hands to clean the shoreline and spread awareness about environmental conservation. With great enthusiasm and dedication, they collected large amounts of plastic waste and other debris. The event highlighted the importance of sustainability and responsible waste management and inspired participants to continue contributing towards a cleaner, greener planet.







### Posters with a Purpose: Young Voices for the Planet

An enlightening session was hosted at Umang Learning Center by Dr. Rashmi and Sanghamitra. Through compelling storytelling and interactive discussions, our young learners explored the importance of nature and sustainability. The session highlighted key issues like waste generation and offered practical solutions rooted in zero-waste living. Adding a creative touch, the children took part in a poster-making activity, using art to express their ideas on environmental conservation. The day inspired awareness, responsibility, and a deep sense of connection with the planet.









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#### Paper Bags, Powerful Messages: A Step Towards Sustainability



The children and volunteers at Umang turned awareness into action by crafting and distributing paper bags made from recycled materials. These were shared with local shopkeepers and vendors as a sustainable alternative to plastic. More than just eco-friendly substitutes, each paper bag carried a message of care and responsibility towards our planet. Through this thoughtful initiative, our young changemakers reminded us that meaningful impact begins with small, mindful steps.









# Money Magic & Al Wonders: Empowering Young Minds

Future-ready learning came to life through an engaging session on financial literacy and artificial intelligence, conducted by Arya Gada from Tribes For Good. With energy and clarity, Arya guided our young learners through the essentials of money management, like saving, budgeting, and smart spending, while also demystifying the role of Al in everyday life, from voice assistants to video recommendations. The session helped make complex concepts accessible, fun, and meaningful, as well as inspiring the next generation of mindful savers and innovative thinkers.









# Movie Magic at Umang: I AM KALAM



A screening of the acclaimed film 'I Am Kalam' was hosted at Umang Learning Center, offering students a powerful learning experience beyond the classroom. The movie, centered on a young boy's determination to pursue education and dream big, deeply resonated with our students. The screening sparked thoughtful discussions around perseverance, self-belief, and the right to education, aligning perfectly with Umang's mission to nurture confident and aspirational individuals. Events like these serve as a reminder that stories can educate, inspire, and empower.







**Exploring Emotions Through Art** 

A recent Expressive Art session at Umang Learning Center was led by Aarav Shah from Tribes for Good, which aimed to help children explore and express their emotions through art. The session, which included colors, textures, and abstract forms, allowed children to connect with themselves and others through art. Aarav created a safe space where every brushstroke was valid, and each canvas became a personal window into the child's inner world. The session reinforced the idea that creativity is not about perfection but about expression, empathy, and growth.









#### Celebrating International Yoga Day at Umang



International Yoga Day was celebrated at Umang with a peaceful and energizing session led by volunteers Nanki Chopra and Kavya Pawar. Students practiced a range of breathing techniques, and meditation. asanas, experiencing the harmony of mind, body, and breath. From Tadasana to Surya Namaskar, the session promoted wellness, focus, and inner calm. For many, it was their first introduction to yoga, and their enthusiasm made the day truly special. It was a beautiful reminder of the importance of balance, health, and mindfulness in our lives.







## Exploring the World of Banking: A Visit to Sber Bank



As part of a CSR initiative, 11 students from Umang Foundation Trust visited Sber Bank's BKC branch for an enriching and interactive learning experience. The visit included a warm welcome, a guided tour of the bank's departments, and informative presentations that helped students understand how different banking systems work. The team at Sber Bank made the visit extra special by distributing snack boxes and stationery kits to all the students. The session ended with a motivating career talk, inspiring students to explore future opportunities in the banking sector.











### Day of Fun, Learning, and Teamwork at Samarth Vidyalaya





As part of an engaging volunteering initiative, Umang Foundation Trust conducted two interactive activities at Samarth Mulinche Vidyalaya. The day began with a Quiz Relay, where teams of students and volunteers moved through stations answering questions on Math, Science, English, and General Knowledge. This was followed by a Story Building Game, where teams were handed six random word chits and tasked with weaving them into a creative story with illustrations on a poster. The event was a joyful blend of learning and collaboration, leaving lasting smiles on everyone's faces.







# Our Upcoming Events

- Remedial Classes (Everyday)
  Providing extra support and guidance for students.
- Handwriting Competition, 3rd July
  Students will showcase their best handwriting and compete with enthusiasm and creativity.
- Poster Making, 7th July
  Students will express their ideas creatively on the theme 'Recycling and Reduction', while learning the importance of sustainable living.
- Story-telling Workshop, 12th July Students will learn the art of expressing stories with creativity, voice modulation, and confidence.
- Dance Workshop, 16th & 19th July Students will express themselves through movement, enhance their skills, and build confidence in a fun and energetic dance workshop.

- General Knowledge Session, 21st July Students will explore exciting facts and test their knowledge through engaging activities and quizzes.
- Art & Craft Workshop, 23rd July Students will explore various materials and techniques to create their own unique artworks.
- Menstrual hygiene Awareness distribution, 25th July We will educate and empower individuals on menstrual hygiene while distributing essential sanitary resources for better health and well-being.
- Essay Writing Competition, 29th July
  Students will enhance their writing and critical thinking skills by expressing their thoughts on given topics.

#### Donate Now



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- care@umangfoundationtrust.org
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#### Support us with Resources

- Dry food items dates, jaggery, roasted chana and biscuits
- Chart papers for art activities
- Blackboard, Table and small stools for center infrastructure